YOUR ENROLLMENT CHECKLIST

Review all available benefits on www.niagarabenefits.com. Explore the site to discover what benefits are available to you!

Use ALEX®, your interactive Benefits Counselor to help you make your benefit plan choices!

Set a reminder on your calendar to enroll early. You must enroll within 30 days of hire.

Gather any dependent or beneficiary information or documentation needed (i.e. Social Security Numbers, dates of birth, birth certificates).

Dependent Verification: When you enroll family members, Niagara requires proof of dependent relationship to you. Submit your dependent documentation with your name and Niagara ID on each page to: niagarabenefits@onesourcevirtual. com or work with your local HR team.

Need help with enrolling? Contact OneSource Virtual Service Center at 1-844-462-2236 (M-F, 8:00 am. – 8:00 p.m. ET) or email niagarabenefits@ onesourcevirtual.com.

Enroll in 401(k)!

Team Members are eligible for 401(k) and company match, the first of the month following 30 days of service.

Learn more at www.niagarabenefits.com and enroll through Fidelity at www.401k.com.



Niagara 401(k) Match

\$0.33 up to 6%

Niagara will match \$0.33 on every dollar up to 6% of your gross compensation.



1440 Bridgegate Dr. Diamond Bar, CA 91765

IMPORTANT BENEFITS INFORMATION
OPEN IMMEDIATELY



DON'T FORGET!

SET A REMINDER ON YOUR CALENDAR TO ENROLL IN WORKDAY. YOU MUST **ENROLL WITHIN 30 DAYS OF HIRE.**

BENEFIT HIGHLIGHTS



Medical Plan Offerings

Choosing your medical plan is an important decision that impacts you and your family for the whole year.

Together with Aetna, we are proud to offer two comprehensive medical plan options: Aetna PPO with HSA or Aetna PPO.

These plans provide comprehensive coverage for preventive care, hospitalization, surgery, routine office visits and prescription drugs. There are no preexisting condition exclusions on the plans. Deductibles, out-of-pocket maximums and coinsurance are all based on a calendar year and will reset each January 1st.



Prescription Drug Coverage

If you choose a medical plan, your Prescription Drug Plan coverage is through Magellan Rx. Get access to national and regional pharmacies in-network such as Walmart, Walgreens, CVS and more! How to use your Rx plan:

Aetna Medical plan on the front and Magellan Rx plan on the back. Present your Magellan information along with your prescription to any participating pharmacy every time you fill your prescription.

You will receive one ID card with your



Dental Benefit Offerings

Niagara offers comprehensive dental coverage through Delta Dental. All options offer coverage for a wide variety of dental

services, including preventive cleanings at no cost to you.



Vision Plan Offerings

Choose from two vision plans, available through Vision Services Plan (VSP). The vision benefit helps cover the cost of certain necessary vision expenses, such as eye exams, glasses and contact lenses for

you and your family. Team Members can take advantage of group rates and have the convenience of paying through pre-tax payroll deduction.



Flexible Spending Accounts

- The Healthcare FSA Max is \$2,700.
- The Dependent Care Max is \$5,000.



Magellan EAP

From help with daily tasks to working on more complex issues, EAP provides you and your family coaching, counseling, selfcare apps, manager support, child and elder care resources, legal, financial and identity

theft programs and a variety of services to help you with the ups and downs on the journey of life.

We also offer a Commuter FSA for public

subways. Must be used to and from work.

transportation like buses, trains and

Learn more at www.niagarabenefits.com.

SAVE MONEY TO EARN MONEY!

When you choose the Aetna PPO with HSA and contribute to your HSA, Niagara will match your contributions. For 2020, the IRS Max is \$3,550 single / \$7,100 family



HSA MATCH

You will earn \$0.50 on every \$1 you set aside to a maximum Niagara Match of \$250 Individual and \$500 family.

2020 SNAPSHOT

- - Short-term Disability
 - Long-term Disability
 - Legal Shield & Identify Theft
 - Pet Discount Plan
 - Employee Assistance Plan
 - 401(k) Pre-Tax & Roth
- Aetna PPOs use the APCN Network
- ALEX is here to help you make good choices! Login to ALEX today at www.myalex.com/
- Smart Cycles and a concierge-level advocate through Progyny when you enroll in a medical plan.
- for team members that use public transportation and/or Vanpools for commuting to work!
- ✓ Are you a Niagara road warrior and a nursing mom? With Milk Stork, nursing Niagara moms can travel for work with confidence, knowing your baby is getting all the proven benefits of your milk, by shipping

- **✓** Preventive Care is covered at 100%
- Comprehensive Medical, Dental & Vision benefits.
- ✓ Additional Benefit Plans:
 - Basic Life & AD&D
 - Supplemental Life & Dependent Life Insurance
 - Accident Plan
 - Critical Illness

 - 401(k) Matching Contribution
- of doctors and hospitals
- niagarabottling/2020
- Fertility benefits providing 2 IVF
- ✓ Niagara offers a Commuter FSA
- from anywhere in the world.

Niagara Bottling permits the insurer to offer employees of Niagara Bottling certain voluntary insurance programs. Whether you choose to enroll in any of these programs is completely optional and voluntary. Niagara Bottling does not make a contribution towards the cost of these programs and employees pay the full cost of premiums on an after-tax basis. Niagara Bottling does not sponsor, maintain, endorse, recommend, or promote these voluntary programs.



HYDRATE YOUR HEALTH WITH

VIRGIN PULSE WELLNESS.

Through the Virgin Pulse platform, Niagara's Hydrate Your Health Wellness program is designed to promote team members and their family's good health and wellbeing.

Features include:

LOOKING TO ENROLL?

www.niagarabenefits.com

IMPORTANT!

You must enroll within 30 days of hire. Make

sure you set a reminder on your calendar to

enroll in Workday.

Need help choosing coverage?

Use ALEX® to help you select the right plans

for you and your family.

Photo by: Colt Skinner, Continuous Improvement Manager from Mesa

Aetna PPO w/ HSA

APCN

\$1,750

\$3,500

\$5.000

\$10,000

No Charge

20% 20%

20%

\$40 copay

Aetna PPO

APCN

\$2,500

\$5,000

\$5.000

\$10,000

No Charge

\$40 copay

\$40 copay

\$150 copay then 20%

\$40 copay

\$40 copay

YOUR 2020 IN-NETWORK

Out-of-Pocket Maximum

Preventive Care

Primary Care

Urgent Care

Teladoc

Network

Deductible

Single

Family

MEDICAL PLAN SUMMARY

- Join your coworkers, peers, and leaders on the journey to good health! Participate in wellness challenges and so much more!
- You'll find resources like Healthy Habit Trackers, Goal Setting, Daily Wellbeing Tips, Sleep Guide, Nutrition Guide, & Digital Coaching via Journeys
- You can also participate in Personal Health Coaching programs to work on any area of health - from Tobacco Cessation to Nutrition, Exercise, Sleep, or Stress

Virgin Pulse Cash:

- When you enroll in a Niagara medical plan, you will qualify for rewards! Complete the Personal Health Profile through Virgin
- By completing wellness activities, you will earn points toward Virgin Pulse Cash. You will be eligible for up to \$100 in Virgin Pulse Cash in 2020
- You'll use Virgin Pulse Cash to purchase items that reward your healthy behaviors!

Rewards for participating in a wellness program are available to all eligible Team Members/spouses. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by a different means. Contact the Benefits Department. We will work with you (and, if you wish, with your doctor) to develop another way to qualify for the reward.

TELEHEALTH SERVICE BY

TELADOC (Aetna Medical Plans Only)

Teladoc offers team members and family members access by phone or online video to licensed doctors 24 hours a day, 365 days a year! The cost per visit is \$40.

Register today at www.teladoc.com/aetna.

YOUR 2020 PER PAY PERIOD

PAYROLL DEDUCTIONS

	Team Member (TM)	TM + Spouse	TM + Child(ren)	TM+ Family
Aetna PPO w/ HSA	\$20.00	\$110.00	\$58.00	\$165.00
Aetna PPO	\$53.00	\$155.00	\$103.00	\$215.00
Delta DHMO*	\$3.26	\$6.19	\$6.51	\$9.27
Delta PPO Low	\$9.14	\$18.80	\$22.43	\$32.06
Delta PPO High	\$18.22	\$36.50	\$41.24	\$61.49
VSP Low	\$3.27	\$6.52	\$6.98	\$11.15
VSP High	\$5.42	\$10.86	\$11.61	\$18.54

Niagara

Magellan

Hi! I'm ALEX

800-424-184









*Only CA, CT, FL, NM, TN, TX, VA